



**SPORTS AND NUTRITIONAL
PRODUCTS**



A kitchen scene featuring a jar of flour, a metal spring tool, and a pizza on a wooden cutting board. The jar is in the top left, the spring tool is in the top right, and the pizza is in the center. The text is overlaid on the pizza.

SPORTS AND NUTRITIONAL PRODUCTS

We have developed a series of high-quality sports and other nutritional products for the conscious consumer. They are protein-rich and easy to use - you just add water. All our innovative nutritional foods are gluten-free and manufactured in Sweden where we are certified for the safe production of food according to international food safety standards. Our range of pancakes, muffins, brownies and porridges are all developed to taste as good as possible.

A pair of black and white sneakers is positioned on the left side of the frame, resting on a light-colored wooden floor. To the right of the sneakers, a loaf of bread with a dark, possibly fruit or nut, filling is visible. The bread is cut into two pieces, showing a porous, golden-brown interior. The background is a soft, out-of-focus green fabric.

MIXWELL, THE MIXING SPECIALIST

MixWell AB is a Swedish company founded in 1999 and specialising in gluten-free and allergy-friendly products. We deliver on a private label basis as well as under our own packaging. Today's range of products include mixes of various kinds such as bread mixes, cake mixes, waffle mixes, pizza bottom mixes, waffles and different flour mixes.

Our products are sold in all the Scandinavian countries as well as in Germany and the Netherlands. Our factory can produce all kinds of dry mixes, packaged in soft bags, boxes or big bags as 100g-1000g, 10 kg and 25kg and 600kg.

PROTEIN CHOCOLATE MUFFINS

With this mix you can bake a classic muffin with a rich chocolate flavour.

Other ingredients can be added to give an extra touch. Many people appreciate the alternative with coffee or the one with extra chocolate pieces in it. You can bake the mix in a cake form too, of course.



Ingredients

Sweeteners (maltitol), whey protein concentrate (milk), casein protein (milk), egg powder, coconut fat powder (milk), cocoa 8.5%, modified potato starch, baking powder (E450 Corn starch E500), vanilla flavour.

Nutritional values pro 100g

Energy 1562 KJ/372 kcal, Fat 13,6g, saturated 9,9g, Carbohydrates 45,7g, sugar 1,8g, Protein 33,0g, Salt 0,7g



PROTEIN NEUTRAL MUFFINS

MMuffins are good to eat and with this mix you can bake a sugar-free muffin, rich in protein. The muffins are soft and fluffy and have a light vanilla taste. The mix can be adjusted in taste and design for different target groups. We have classic flavors like apple & cinnamon, chocolate chip cookie, various berries, lemon and others.



Ingredients

Sweeteners (maltitol), whey protein concentrate (milk), casein protein (milk), egg powder, coconut fat powder (milk), cocoa 8.5%, modified potato starch, baking powder (E450 Corn starch E500), Vanilla flavour.

Nutritional values pro 100g

Energy 1562 KJ/372 kcal, Fat 13,6g, saturated 9,9g, Carbohydrates 45,7g, sugar 1,8g, Protein 33,0g, Salt 0,7g

PROTEIN BROWNIE

The brownies that you get out of this mix have a characteristic taste of chocolate. You just add water. They are rich in protein and, when you bake, you can choose between cakey, fudgy or chewy texture.



Ingredients

Protein mix (casein and whey milk), sweetener maltitol, coconut fat (milk), cocoa, gluten-free oatmeal, vanilla, salt, aroma

Nutritional values pro 100g

Energy 1401kJ/390kcal, Fat 17,1 g, saturatedfat 15,4 Carbohydrates 45,2g, sugar 1,7g, Protein 30,3g, Salt 1,2g

PROTEIN BREAD

Gluten-free protein bread is not easy to make but we have a mix that does it for you. You add water then bake, and the bread is rich in fiber and seeds with good chewing resistance.



Ingredients

Sunflower seeds, flax seeds, oatmeal, corn fiber, whey protein, concentrate (milk), egg powder, casein protein (milk), psyllium, thickening agent (guar cereal flour, xanthan gum), salt, baking powder (E450, E500, cornstarch).

Nutritional values pro 100g

Energy 1701kJ/431kcal, Fat 26,3g of which saturated fat 3,9g , carbohydrates 14,1g - of which sugars 1,6g , fiber 16,1g, protein 30g, Salt 1.9g



**CAKE PRODUCTS
BAKED WITH
MUFFIN MIXES**

THIN PROTEIN PANCAKE

This mix is perfect for making thin pancakes but also works for classic American pancakes. The basic product is neutral, but you can choose from many different flavours such as chocolate chip cookie, apple & cinnamon, various berries and others..



Ingredients

Gluten-free wheat starch protein mix (casein and whey (milk)), egg powder, milk powder, gluten free oatmeal, baking powder (E450, E500, corn starch), thickeners (guar gum)

Nutritional values pro 100g

Energy 1513kJ / 403kcal , fat 10.8g of which saturated fat 4.1g , carbohydrates 37.5g - of which sugars 9.2g , fiber 0.8g , protein 39.8g, Salt 1.2g

PROTEIN AMERICAN PANCAKE

This is a mix for classic American pancakes. It is sweeter in taste than the Thin Protein pancake and is mixed with water, milk or plant milk. Like the Thin pancake, the basic product is neutral, but you can choose the flavour - chocolate chip cookie, apple & cinnamon, various berries and others.



Ingredients

Whey protein concentrate, gluten-free wheat starch,, egg powder, milk powder, thickeners (guar gum, xantangum), baking powder (E450, E500, corn starch), salt.

Nutritional values pro 100g

Energy 1605kJ / 379kcal , fat 6,3g of which saturated fat 2,9g , carbohydrates 40,6g - of which sugars 5,4g , fiber 3,7g , protein 40,5g, Salt 1.7g



GLUTEN-FREE "SEMOLINA" PROTEIN PORRIDGE

A mix for a gluten-free porridge made from semolina. We have blended coconut and whey proteins to give a good, balanced taste. You add water to the mix and then heat in a microwave oven. The flavour is neutral, apple & cinnamon or fruit & seeds.



Ingredients

Oatflakes, whey protein concentrate, coconut flour, skimmilkpowder, sweetner (maltitol).

Nutritional values pro 100g

Energy 1526kJ / 362kcal , fat 6,9g of which saturated fat 3,2g , carbohydrates 42,7g - of which sugars 12,4g , fiber 10,1g , protein 31g, Salt 0,6g

PROTEIN OATMEAL PORRIDGE

Oatmeal is something that is appreciated by many for its good taste and healthy profile. In this mix, we have made the porridge especially protein-rich. It is easily cooked in a microwave oven or on the cooker, and various flavours are available.



Ingredients

Oatflakes, pea protein, oatflour, sunflower seed, flax seed, buck wheat, psyllium husk.

Nutritional values pro 100g

Energy 1680kJ / 399kcal , fat 11,7g of which saturated fat 1,6g , carbohydrates 42,6g - of which sugars 0,8g , fiber 5,7g , protein 30,1g, Salt 0,8g

PROTEIN OVERNIGHT OAT

Our mix for protein-rich overnight oats is a vegan product where the protein source is pea. The mix is easily blended with oat milk, water, milk or herbal drinks and can be flavoured by adding seeds like fruit or berries.



Ingredients

Oatflakes, pea protein, flax seed, sunflower seed, chia seed, pumpkin seed, apple, cinnamon.

Nutritional values pro 100g

Energy 1671kJ / 398kcal , fat 13,4g of which saturated fat 1,9g , carbohydrates 39,6g - of which sugars 3,3g , fiber 8,2g , protein 27g, Salt 0,6g

PROTEIN PIZZA

This mix for a gluten-free pizza base with plenty of protein is designed to suit those who eat vegan. The protein source is pea and you just combine the mix with water and then add your chosen topping before baking.



Ingredients

Corn starch, pea protein, corn fiber, rice protein, psyllium husk, guar gum, baking soda (E450, E500), aroma

Nutritional values pro 100g

Energy 1338kJ / 317kcal , fat 3,1g of which saturated fat 0,8g , carbohydrates 37,4g - of which sugars 0,1g , fiber 12,6g , protein 30,3g, Salt 1,6g



PACKAGING SOLUTIONS

Our factory can produce all kinds of dry mixes,
packaged in soft bags, boxes or big bags. 100g-1000g,
10 kg, 25kg or big bag 400-600kg.



Products for you

We mix and produce your products in packaging with your brand according to your wishes. We have a number of different packaging sizes and packaging materials to choose from.



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